

## Aloe Vera Body Lotion (o/w)

(Sample Recipe for EDTA)

| Aloe Vera Body Lotion (o/w)        |          |                            |
|------------------------------------|----------|----------------------------|
| Phase A                            | Weight % | For 240 g /8.5 oz          |
| Almond Oil (emollient)             | 7 %      | 16.8 g / 0.6 oz            |
| Jojoba Oil (emollient)             | 5 %      | 12 g / 0.4 oz              |
| Sorbitan Stearate (emulsifier)     | 1.5 %    | 3.6 g / 0.1 oz             |
| Polysorbate 60 (emulsifier)        | 3 %      | 7.2 g / 0.2 oz             |
| Shea Butter (emollient)            | 2 %      | 4.8 g / 0.2 oz             |
| Cetyl Alcohol (thickener/softener) | 2 %      | 4.8 g / 0.2 oz             |
| Stearic Acid (emulsifier)          | 2 %      | 4.8 g / 0.2 oz             |
| Phase B                            |          |                            |
| Hot Distilled Water (diluent)      | 63.6 %   | 152 g / 5.5 oz             |
| Xanthan Gum thickener              | 0.5 %    | 1.2 g / 0.05 oz            |
| Aloe Vera (soothing agent)         | 7 %      | 16.8 g / 0.6 oz            |
| Sorbitol or Glycerin (humectant)   | 2 %      | 4.8 g / 0.2 oz             |
| Urea (humectant)                   | 3 %      | 7.2 g / 0.2 oz             |
| EDTA (stabilizer)                  | 0.2 %    | 0.5 g / 0.02 oz (1/4 tsp)  |
| Phase C                            |          |                            |
| Paraben-DU (preservative)          | 1 %      | 2.4 g / 0.1 oz             |
| Fragrance fragrance                | 0.2 %    | 0.5 g / 0.02 oz (10 drops) |

## Method

Give phase A into a disinfected, heat-resistant glass beaker and heat it to 150oF/66oC. Give phase B into a separate jar and stir with high speed to dissolve the gum, heat it to the same temperature. Add phase A to phase B and stir until it is a homogenous solution. After temperature has dropped to 100oF/38oC add phase C and stir again.

## Properties

This lotion is hydrating and nourishing due to aloe vera, sheabutter and urea. Can also be used as an after-sun lotion to relax and moisturize the skin.