

## Kaolin Face Mask with Sulphur Mud

(Sample Recipe for Sulphur Mud)

Face Mask with Kaolin and Sulphur		
	Weight %	For 100 g / 3.6 oz
<b>Phase A</b>		
Triglyceride (emollient)	2 %	2 g / 0.1 oz
PEG-7 Glyceryl Cocoate (emulsifier)	2 %	2 g / 0.1 oz
<b>Phase B</b>		
Distilled Water (diluent)	60.3 %	60.3g / 2.2 oz
Xanthan Gum (thickener)	0.5 %	0.5 g / 0.02 oz
Glycerin (humectant)	2 %	2 g / 0.1 oz
<b>Phase C</b>		
Kaolin (clay powder)	22 %	22 g / 0.8 oz
Sulphur Mud (powder)	10 %	10 g / 0.4oz
Paraben-DU (preservative)	1 %	1 g / 0.04 oz / 22 drops
Fragrance	0.2 %	0.2 g / 0.007 oz / 4 drops
<b>Method</b>		
Add phase A into a disinfected glass jar and stir.		
Mix phase B until xanthan gum is well dissolved and lump free, use a stick blender.		
Add phase B to phase A and stir well.		
Add phase C to phase A/B, one ingredient at the time and blend well after each ingredient.		
<b>Properties</b>		
Treat your skin to a clay mask with sulphur mud if you have normal to oily skin. Let it dry onto the skin then remove with a damp washcloth. It will cleanse and purify and has exfoliation properties as well.		