

Easy Skin Lightening Gel with SkinWhite BLE

(Sample Recipe for Bearberry Leaves Extract– SkinWhite BLE)

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| Phase A | Weight % | For 100 g / 3.6 oz (by weight) |
|-------------------------------------|----------|-----------------------------------|
| Distilled Water (diluent) | 75.6 % | 75.6 ml / 2.7 oz / 1/4 cup 1 Tbsp |
| Glycerin (humectant) | 5 % | 5 ml / 0.2 oz / 1 tsp |
| Phase B | | |
| Triglyceride (emollient) | 7 % | 7 ml / 0.25 oz / 1 1/2 tsp |
| SkinWhite BLE (skin-whitener) | 8 % | 8 ml / 0.3 oz / 1 1/2 tsp |
| GelMaker EMU (thickener/emulsifier) | 3 % | 3 ml / 0.1 oz / 1/2 tsp |
| Phase C | | |
| Phenoxyethanol/SA (preservative) | 1.2 % | 1.2 ml / 30 drops |
| Fragrance of your choice | 0.2 % | 0.2 ml / 5 drops |

Method

Add phase B into a disinfected, heat-resistant glass beaker and heat to 70C/158F, stir. Add phase A to another disinfected glass beaker and heat to the same temperature. Remove both beakers from the heat. Add phase A to phase B, make sure the Skinwhite BLE is thoroughly mixed. Add phase C when the temperature has cooled to 100F/40C, then stir again well before filling into jars.

Properties

Non-oily, light skin lightening gel made with bearberry leaves extract and magnesium ascorbyl phosphate (skinwhite BLE). It inhibits skin cells to produce melanin pigments by inhibiting the tyrosinase activity by reducing melanin biosynthesis and effectively lightens age spots and dark skin areas.