

Blemish Skin Toner

(Sample Recipe for Soapwort Extract)

Blemish Skin Toner

| Phase A | Weight % | For 100 g / 3.6 oz (by weight) |
|------------------------------------|----------|--------------------------------|
| Distilled Water (diluent) | 86.5 % | 86 g / 3 oz |
| Aloe Vera Extract 10x Concentrated | 2 % | 2 g / 1/2 tsp |
| Goldenseal Extract | 5 % | 5 g / 1 tsp |
| Soapwort Extract | 5 % | 5 g / 1 tsp |
| Phase B | | |
| Polysorbate 20 (solubilizer) | 0.5 % | 0.5 % / 12 drops |
| Phenoxyethanol/SA (preservative) | 1 % | 1 % / 24 drops |

Method

Add phase A to a disinfected glass beaker and stir well. Add phase B to phase A and stir well. Package into a bottle with a pump spray head. www.makingcosmetics.com.

Properties

Herbal toner that has soothing and disinfecting properties. Best used for blemished skin, acneic skin or after shaving.