

## Body Butter with Shea Butter & Cacao Butter (o/w)

(Sample Recipe for Almond Oil)

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Phase A	Weight %	For 240 g / 8.5 oz
Almond Oil	13 %	31.2 g / 1.1 oz
Shea Butter	3 %	7.2 g / 0.23 oz
Cacao Butter	3 %	7.2 g / 0.23 oz
Sorbitan Stearate	1.5 %	3.6 g / 0.13 oz
Polysorbate 60	3 %	7.2 g / 0.23 oz
Cetyl Alcohol	3 %	7.2 g / 0.23 oz
Phase B		
Hot Distilled Water	62.5 %	150 g / 5.4 oz
Xanthan Gum	0.5 %	1.2 g / 0.04 oz (1/2 tsp)
Aloe Vera	6 %	14.4 g / 0.5 oz
EDTA	0.2 %	0.5 g / 0.02 oz (1/4 tsp)
Sorbitol	2 %	4.8 g / 0.2 oz
Phase C		
Vitamin E Acetate	1 %	2.4 g / 0.1 oz (50 drops)
Paraben-DU	1 %	2.4 g / 0.1 oz (50 drops)
Fragrance	0.3 %	0.7 g / 0.03 oz (16 drops)
<b>Method</b>		
Add phase A into a disinfected, heat-resistant glass beaker and heat to 150oF/66oC to melt the ingredients. Add phase B into a separate beaker and stir well to to dissolve the gum. Add phase A to B and stir until it is a homogenous cream. After temperature has dropped to 100oF/38oC add phase C and stir again. The cream can be filled into jars.		
<b>Properties</b>		
Pleasant creamy body butter that supplies the skin with lots of moisture due to sheabutter and cacaobutter and almond oil. For dry and chapped skin. For normal to dry skin.		