

Body Butter with Shea Butter & Cocoa Butter

(Sample Recipe for Cocoa Butter)

Body Butter with Shea Butter & Cocoa Butter (o/w)

Phase A	Weight %	For 240 g / 8.5 oz
Macadamia Nut Oil (emollient)	15 %	36 g / 1.3 oz / 2 1/2 Tbsp
Shea Butter (emollient)	3 %	7.2 g / 0.23 oz / 1 3/4 tsp
Cacao Butter (emollient)	3 %	7.2 g / 0.23 oz / 1 Tbsp
Sorbitan Stearate (emulsifier)	1.5 %	3.6 g / 0.13 oz / 3/4 tsp
Polysorbate 60 (emulsifier)	3 %	7.2 g / 0.23 oz / 1 1/2 tsp
Cetyl Alcohol (thickener)	3 %	7.2 g / 0.23 oz / 3/4 Tbsp
Phase B		
Hot Distilled Water (diluent)	63 %	15 g / 5.4 oz / 1/2 cup 2 Tbsp
Xanthan Gum (thickener)	0.5 %	1.2 g / 0.04 oz (1/2 tsp)
Aloe Vera 10x Concentrate (botanical)	1 %	2.4 g / 0.5 oz / 1/2 tsp
EDTA (stabilizer)	0.2 %	0.5 g / 0.02 oz / 1/4 tsp)
Glycerin (humectant)	4 %	4.8 g / 0.2 oz / 1 t sp
Phase C		
Vitamin E Acetate (antioxidant)	1 %	2.4 g / 0.1 oz / 50 drops
Phenoxyethanol/SA (preservative)	1.5 %	3.6 g / 0.12 oz / 80 drops
Fragrance	0.3 %	0.7 g / 0.03 oz / 16 drops

Method

Add phase A into a disinfected, heat-resistant glass beaker and heat to 150oF/66oC to melt the ingredients. Add phase B into a separate beaker and stir well to to dissolve the gum. Add phase A to B and stir until it is a homogenous cream. After temperature has dropped to 100oF/38oC add phase C and stir again. The cream can be filled into jars.

Properties

Pleasant creamy body butter that supplies the skin with lots of moisture due to sheabutter and cacaobutter and macadamia nut oil. For normal to dry skin.